

TEAM NEWS

This month we would like to introduce a new member of our reception team, **Sharon**. Our reception is very busy so please be patient with new members of the team.

We also have three GP trainees, **Dr Kyaw, Dr Ali and Dr Forbes**.

They all offer both face to face and telephone appointments.

We are very lucky as a practice to have GP trainees as this not only helps provide extra appointments, and they bring all the most up to date medical knowledge with them.



A message from Dr Usman

As some of you may already know Dr Usman is sadly leaving the practice in September to move abroad; here are some words from her.

For most of you who know me including some of my patients you will know my math's is horrific. So, I only found out the other day that I had in fact been working at CLMC for nearly 4 years. I think the thing is it never really felt like work which is why it never felt like it had been that long. From the day I came to Church Lane it was like it was meant to be. Over the years I have learned so much from you all - both my colleagues and my patients and it has made me who I am today and for that I am grateful. I was taught that a phone call to family even after a patient has passed away goes a long way, I have seen being honest and open with patients is always appreciated and they love you for it and a nice outfit or pair of shoes never goes unnoticed. I am extremely grateful for this opportunity to have had this experience. I take all that I have learned over these 4 years with me. I have seen and grown with you all - seen the births, the ups and downs and sat with you and grieved. I feel this is the best health service that is there in the world and primary care is the core of NHS and our lives. I thank you all for putting up with my incessant chatter, 90 miles an hour speech and working at warp speed. To this day nothing makes me prouder than to hear she is **MY GP**.



Meet our Team...

Cheryl- PCN Mental Health Practitioner

My role is to provide a lead in supporting the PCN in triaging mental health concerns raised by patient requests, providing specialist advice and support within GP surgeries.

I offer on the day appointments and appointments booked in advanced. I work on a Thursday and Friday afternoon.

The role includes reviewing patients presenting with mental health issues, consider a range of options regarding treatment interventions providing you with specialised advice concerning care and when appropriate liaising with GPs and MH teams.

I offer brief interventions as needed eg problem solving, decision making, building resilience, building on personal strengths, risk de-escalation, sign posting you to the appropriate service and medication advice and prescribing.



PPG MEETING

We now have recommenced with our PPG meetings (patient participation group). These are held at least quarterly, and all meeting minutes will be uploaded onto our website.



ORDERING YOUR PRESCRIPTION

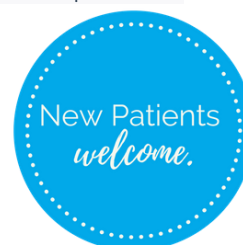
- Phone 8.30-12.30
- Online
- NHS app
- Bringing paper slip into the surgery.



NEW PATIENTS

If you wish to register with the practice, call in to reception and complete a New Patient Registration form. You will also need to complete a GMS1 Form. It would be helpful if you could request your NHS number from your current practice as these speeds up the process of locating you on our clinical system. You will also be asked to provide a form of photographic ID and proof of address.

Upon registering you will be offered a 'New Patient Health check' with our Healthcare Assistant. There may be a delay between us requesting your medical records from your previous GP and receiving them in the surgery. Your New Patient Health check is important in helping us treat you should you need to see a clinician during this period.



SARCOMA AWARENESS MONTH

Sarcoma Awareness Month runs for the whole of July. Sarcomas are rare cancers that develop in the muscle, bone, nerves, cartilage, tendons, blood vessels and the fatty and fibrous tissues. Sarcomas commonly affect the arms, legs, and trunk. They also appear in the stomach and intestines as well as behind the abdomen. There are around 100 different sub-types of sarcomas.

10 people every day are diagnosed with sarcoma in the UK. 500 people are diagnosed with a bone sarcoma every year.



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