

Church Lane Medical Centre

NEWSLETTER

September 2022 Issue

TEAM NEWS

This month we would like to introduce a new member of our reception team, **Tian**. Our reception is very busy so please be patient with new members of the team.

The three GP trainees, **Dr Kyaw**, **Dr Ali** and **Dr Forbes** sadly have left us to continue their next step of their career, **Dr Usman** has also left to start a new adventure in Pakistan. We wish them all the very best!

We do though have a new GP trainee started with us **Dr Seriki**.

We are very lucky as a practice to have GP trainees as this not only helps provide extra appointments, and they bring all the most up to date medical knowledge with them.



A message from Dr Worah

**Dr Worah has been with the practice for 30 years!!
Here are some words from herself.**

After embarking on my General Practice training from Hull, I joined Church Lane Medical Centre 30 years ago as the newest recruit to the team, joining Dr Melrose, Dr Morris and Dr Stewart. These have been the most privileged and enjoyable 30 years of service to General Practice and the NHS. When I joined the practice all those years ago my trainer did tell me that joining a practice is like being part of a big family. The surgery has certainly been my second home and the whole team at Church Lane Medical centre has been my adopted family for all these wonderful years. I must admit there have been many changes that I have witnessed over the span of my career which the team has navigated well with tremendous leadership and dedication especially over the very difficult last 2 years of COVID. It is a real pleasure to work with the new team of Doctors, Nurses and practice manger and all the wonderful staff of Church Lane medical centre. I love this second family from the bottom of my heart for their continuous unwavering support, love and affection over my working lifetime.



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Is your child starting school this September??

Have they had their immunisations?

These immunisations will make sure that your child has the best protection against serious childhood diseases as they grow up.

If your child missed any of their immunisations as a baby or toddler, this is a good time to ask the practice nurse about catch-up doses.

Appointments are available to book through reception.



Covid Boosters and Flu Vaccines

We will be delivering the COVID-19 boosters onsite this Autumn. We will be using the new Moderna vaccine which also protects against the Omicron variant. We will also be delivering flu vaccines, as always. Please be patient and wait for us to invite you; we will be running vaccination clinics on Saturdays in October as well as during the week. Flu vaccines will not be delivered until the end of September.

New Phone System

We now have our new phone system up and running. We hope that you have found some improvements already. If there are more than four people in the queue you will be offered the option of a "call back". This means we will automatically ring you without you having to wait on the line or lose your place in the queue. **You will only be offered this option once on the call so please do select this straight away, we have had very positive feedback about this feature.**

Ordering Your Prescription

- Phone 8.30-12.30. You can also leave a voicemail and we will process your request. You will receive a text message or call when this has been done. **We are also hoping to shortly introduce a 24-hour answerphone service for repeat prescriptions.**
- Bringing paper slip into the surgery.
- Online
- NHS app



CERVICAL SCREENING

Cervical screening, more commonly known as a smear test, is an examination to help prevent cancer. This test checks the health of the cervix for patients aged 25 to 64.

If you receive a letter to book your smear test, please call the surgery at your earliest convenience to book the test. During the examination, a sample of cells will be collected and tested for high-risk types of human papillomavirus (HPV). Afterwards you will receive a letter around 2 weeks later, explaining the next steps for you.

Please try not to put off cervical screening. It is one of the best ways to protect yourself from cervical cancer. If you are feeling particularly anxious about the test, please speak with your nurse performing the exam who can reassure you and talk you through the procedure.

Alternatively if you wish to discuss your concerns before booking in for your smear then you are very welcome to make an appointment to discuss the process with a nurse who can answer any questions you have.



SEPSIS AWARENESS MONTH

Sepsis is a life-threatening reaction to an infection. It happens when your immune system overreacts to an infection and starts to damage your body's own tissues and organs. You cannot catch sepsis from another person. Sepsis is sometimes called septicemia or blood poisoning.



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