

Church Lane Medical Centre

NEWSLETTER

Spring 2023 Issue

Team News



We are delighted to announce Dr Javid will become a partner with the practice on 1st April.

In other Team News, we would like to introduce a new member of our reception team, **Lilly**. Our reception is very busy so please be patient with new members of the team. We also have a new GP trainee started with us earlier this year, **Dr Ocheni**.

Celebrating 30 years of Lynn!

As some of you may already know Lynn, our Receptionist and Over 75 Coordinator, celebrated an amazing 30 years with Church Lane Medical Centre on 22nd March 2023!!

Lynn is a significant part of our team, and we couldn't imagine our workplace without her. It takes a strong personality and willpower to remain dedicated and loyal to one job after many years of service- amazing achievement! Lynn brings determination and passion and there isn't a day that goes by that we don't appreciate her efforts. Lynn says she is as enthusiastic about her role as ever and enjoys coming into work each day.

Congratulations on 30 years of outstanding service!



A Message from our PPG Chair

Below is a message from our PPG Chair, Zoe discussing her experience.



I was honoured to be allowed to serve as the Chair of the PPG for this current year. That means, with the help of the surgery's admin staff, it's my responsibility to ensure that the meetings are held on time, that every member has an equal chance to speak and raise their concerns and keep the meeting on track, which sometimes means the uncomfortable job of asking people to table new points not on the minutes, until the next session.

I am assisted in this position by the Deputy Chair who, in my absence, will take over for me.

I have also been asked to join a group of other Chairs from other practices so that we can see the bigger issues and learn solutions from each other. I take this role seriously and try to ensure that everyone can raise their fears and gratitude and fight the continuing privatisation and Americanisation of our precious NHS.

If you want to contact the PPG with any ideas, feedback or suggestions you can do so via the link on our website: <https://www.churchlanemcscunthorpe.nhs.uk/patient-participation-group>. Select the option "Contact the PPG".

Our next PPG Meeting will be held on Tuesday 25th April at 6pm. If you are interested in joining our PPG, please see our [website](#) or email kirstie.hornsey@nhs.net for more details.

Public Holidays and Training

We will be closed all day on the below dates:

- **Friday 7th April**
- **Monday 10th April**
- **Wednesday 12th April (PM only)**
- **Monday 1st May**
- **Monday 8th May**
- **Wednesday 10th May (PM only)**
- **Monday 29th May**



If you take regular medications, please ensure you check you have enough left to cover times we are closed.

Ordering Your Prescription

- Phone 8.30-12.30. You can also leave a voicemail and we will process your request. You will receive a text message or call when this has been done.
- Bringing paper slip into the surgery.
- Online
- NHS app



PLEASE ALLOW 48 HOURS FOR US TO PROCESS YOUR REQUEST

First Contact Physiotherapy

Michelle, our First Contact Physio, works here at the surgery every Friday.

She can help patients with musculoskeletal issues such as back, neck and joint pain by assessing and diagnosing issues and giving expert advice on how best to manage their conditions. She can also refer you onto specialist services if necessary.

You can book an appointment directly with Michelle via the receptionist, which means you won't need to see the GP prior. If you are suffering with joint or back pain, please consider booking in with the Physio.



Stress Awareness Month

There is no health without mental health and stress can lead to numerous health problems. From physical problems, like heart disease, insomnia, digestive issues, immune system challenges, to more serious mental health disorders such as anxiety and depression. To talk about stress does help with either friends, family, or a healthcare professional.

For more information and links to support please visit the NHS information [page](#).



Your contact details

Just a gentle reminder, if you change your contact details, please do let us know as soon as possible so we can update our records to provide the best possible care to you.



Our Contact Details

T. 01724 853838

E. nl.b81064@nhs.net

<https://www.churchlanemcscunthorpe.nhs.uk>